



New York Urologic
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Patient Instructions for the Prolieve™ Thermodilatation System Treatment

We strongly encourage you to re-read the Prolieve System Patient Education Brochure provided to you for the complete patient information on the Prolieve System prior to your treatment.

The following steps are recommended to help you prepare for your treatment:

1. Arrange for someone to drive you to and from your doctor's office for your treatment.
2. Plan to arrive 1 hour prior to your scheduled treatment time.
3. Wear comfortable clothing.
4. Bring a book, magazines or a headset with music to listen to during the procedure.
5. Eat a light breakfast and reduce the amount of liquids you consume prior to your treatment.
6. Ensure that you take a Fleet Enema at least 1 hour prior to leaving for the procedure.
7. Take any medications your doctor has prescribed for you. Your doctor may prescribe an antibiotic and/or medication to help you relax during the procedure.
8. Follow any other instructions your doctor has provided.

If you have any questions or are unable to make your appointment, please call us at (212)777-8566 least 24 hours prior to your appointment.

Thanks and looking forward to see you.

Farshad Shafizadeh, M.D.
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