

The International Index of Erectile Function Questionnaire (IIEF)

Please complete and bring this questionnaire to your appointment (circle your answers and add up the total).

The first five questions refer to erectile function

1. Over the last month, how often were you able to get an erection during sexual activity?

- 0 No sexual activity
- 5 Almost always or always
- 4 Most times (much more than half the time)
- 3 Sometimes (about half the time)
- 2 A few times (much less than half the time)
- 1 Almost never or never

Q2. Over the last month, when you had erections with sexual stimulation, how often were your erections hard enough for penetration?

- ➡ 0 No sexual activity
- ➡ 5 Almost always or always
- ➡ 4 Most times (much more than half the time)
- ➡ 3 Sometimes (about half the time)
- ➡ 2 A few times (much less than half the time)
- ➡ 1 Almost never or never

Q3. Over the last month, when you attempted intercourse, how often were you able to penetrate your partner?

- ➡ 0 No sexual activity
- ➡ 5 Almost always or always
- ➡ 4 Most times (much more than half the time)
- ➡ 3 Sometimes (about half the time)
- ➡ 2 A few times (much less than half the time)
- ➡ 1 Almost never or never

Q4. Over the last month, during sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?

- ➡ 0 No sexual activity
- ➡ 5 Almost always or always
- ➡ 4 Most times (much more than half the time)
- ➡ 3 Sometimes (about half the time)
- ➡ 2 A few times (much less than half the time)
- ➡ 1 Almost never or never

Q5. Over the last month, during sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

- ➡ 0 No sexual activity
- ➡ 1 Extremely difficult
- ➡ 2 Very difficult

- ➡ 3 Difficult
- ➡ 4 Slightly difficult
- ➡ 5 Not difficult

The next three questions refer to satisfaction with intercourse

Q6. Over the last month, how many times have you attempted sexual intercourse?

- ➡ 0 No attempts
- ➡ 1 1-2 times
- ➡ 2 3-4 times
- ➡ 3 5-6 times
- ➡ 4 7-10 times
- ➡ 5 11-20 times

Q7. Over the last month, when you attempted sexual intercourse how often was it satisfactory for *you*?

- ➡ 0 Did not attempt intercourse
- ➡ 5 Almost always or always
- ➡ 4 Most times (much more than half the time)
- ➡ 3 Sometimes (about half the time)
- ➡ 2 A few times (much less than half the time)
- ➡ 1 Almost never or never

Q8. Over the last month, how much have you enjoyed sexual intercourse?

- ➡ 0 No intercourse
- ➡ 5 Very highly enjoyable
- ➡ 4 Highly enjoyable
- ➡ 3 Fairly enjoyable
- ➡ 2 Not very enjoyable
- ➡ 1 No enjoyment

The next two questions refer to orgasmic function

Q9. Over the last month, when you had sexual stimulation or intercourse, how often did you ejaculate?

- ➡ 0 No sexual stimulation/intercourse
- ➡ 5 Almost always or always
- ➡ 4 Most times (much more than half the time)
- ➡ 3 Sometimes (about half the time)
- ➡ 2 A few times (much less than half the time)
- ➡ 1 Almost never or never

Q10. Over the last month, when you had sexual stimulation or intercourse, how often did you have the feeling of orgasm (with or without ejaculation)?

- ➡ 0 No sexual stimulation/intercourse
- ➡ 5 Almost always or always
- ➡ 4 Most times (much more than half the time)
- ➡ 3 Sometimes (about half the time)
- ➡ 2 A few times (much less than half the time)
- ➡ 1 Almost never or never

The next two questions ask about sexual desire. In this context, sexual desire is defined as a feeling that may include wanting to have a sexual experience (for example masturbation or sexual intercourse), thinking about having sex, or feeling frustrated due to lack of sex.

Q11. Over the last month, how often have you felt sexual desire?

- ➡ 5 Almost always or always
- ➡ 4 Most times (much more than half the time)
- ➡ 3 Sometimes (about half the time)
- ➡ 2 A few times (much less than half the time)
- ➡ 1 Almost never or never

Q12. Over the last month, how would you rate your level of sexual desire?

- ➡ 5 Very high
- ➡ 4 High
- ➡ 3 Moderate
- ➡ 2 Low
- ➡ 1 Very low or not at all

The next two questions refer to overall sexual satisfaction.

Q13. Over the last month, how satisfied have you been with your overall sex life?

- ➡ 5 Very satisfied
- ➡ 4 Moderately satisfied
- ➡ 3 About equally satisfied and dissatisfied
- ➡ 2 Moderately dissatisfied
- ➡ 1 Very dissatisfied

Q14. Over the last month, how satisfied have you been with your sexual relationship with your partner?

- ➡ 5 Very satisfied
- ➡ 4 Moderately satisfied
- ➡ 3 About equally satisfied and dissatisfied
- ➡ 2 Moderately dissatisfied
- ➡ 1 Very dissatisfied

The last question refers to erectile function

Q15. Over the last month, how do you rate your confidence that you can get and keep your erection?

- ➡ 5 Very high
- ➡ 4 High
- ➡ 3 Moderate
- ➡ 2 Low
- ➡ 1 Very low

What the Scores Mean

All the questions break down into five specific areas, as follows. Add your scores to the appropriate column.

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Area	Questions	Score Range	Maximum Score	Your Score
Erectile Function	1-5 & 15	0-5	30	
Orgasmic Function	9-10	0-5	10	
Sexual Desire	11-12	1-5	10	
Intercourse Satisfaction	6-8	0-5	15	
Overall Satisfaction	13-14	1-5	10	

