

New York Urologic Farshad Shafizadeh, M.D. 461 Park Avenue South, 5th Floor New York, NY 10016 Tel: (212) 777-8566 Fax: (646) 536-8738

Dear Patient,

Your surgical procedure is scheduled at **Jamaica Hospital Medical Center** located at **8900 Van Wyck Expressway, Jamaica** New York 11418. Upon arrival on the date of your procedure you are to proceed to **Admitting**, which is located on the ground level of the facility.

If pre surgical testing is to be performed by your primary doctor, it should be faxed to our office at least **4 days prior** to your procedure. These tests include: Blood work (CBC, PT, PTT, SMA 20), urinalysis, chest X-Ray, EKG, and a letter of medical clearance signed by your doctor.

If pre surgical testing is to be done at Jamaica Hospital, a member of the hospital staff will contact you to schedule an appropriate time and date for the pre surgical testing to be preformed. Pre testing is located in the Admitting office, which is located on the ground level. In case you have not heard from Jamaica Hospital **three days** before your procedure date, you should contact the Pre-testing office at (718)206-6565.

Pre-testing at Jamaica Medical Center: (718) 206-6565

## **Instructions:**

- **DO NOT** EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOU PROCEDURE.
- <u>DO NOT</u> TAKE ASPRIN OR BLOOD THINNING RELATED PRODUCTS, WHICH INCLUDE: VITAMIN E, MOTRIN, OR IBUPROFEN, FOR **7 DAYS** PRIOR TO YOUR PROCEDURE.
- IF YOU ARE TAKING ANY HEART MEDICATIONS PLEASE CONTACT YOUR PRIMARY DOCTOR.
- PLEASE ALSO CAREFULLY READ OUR DETAILED PRE-SURGICAL INSTRUCTIONS.

## We advise that someone escort you home after the procedure.

If you have any further questions or concerns you may contact the office Monday-Friday from 9am-5pm.